

STUDENT HEALTH CENTRE

NOTTINGHAM TRENT UNIVERSITY



Welcome Freshers!



Although it's probably not at the top of your to-do list when arriving at university, it is recommended that you register with a GP here in Nottingham. You can find us based on campus, just near the Student Union building, and we have made it so quick and easy for you to register here with us online.

HOW TO REGISTER

SCAN THE QR CODE or

- Step 1 – Visit radfordmedicalpractice.co.uk
- Step 2 – Click 'Students' and 'Register at the Student Health Centre'
- Step 3 – Click 'Register online' and complete the form.
- Step 4 – Click 'Complete' and the form will be sent to us, you're all done!

HOW TO ACCESS MEDICAL SERVICES

Our current online consultation system is called Accurx Patient Triage. Accurx can be accessed via our website. There is no login or password required, its as easy as clicking the link and submitting a request to us.

Medical requests open each day at 8am and are suspended when we reach capacity for appointments. Admin requests remain open and our phone lines are available during opening hours. This can be used for a variety of things such as requesting a prescription, test results, checking referral status. We aim to respond to you on the same day, or the next working day for requests submitted on a weekend.

SCAN THE QR
CODE TO
REGISTER



Student Health Centre
Nottingham Trent University,
Peel Street, Nottingham
NG1 4FW.

Phone: 0115 848 6481

MONDAY 8.00am - 6:30pm

TUESDAY 8.00am - 6:30pm

WEDNESDAY 8.00am - 6:30pm

THURSDAY 8.00am - 4:00pm

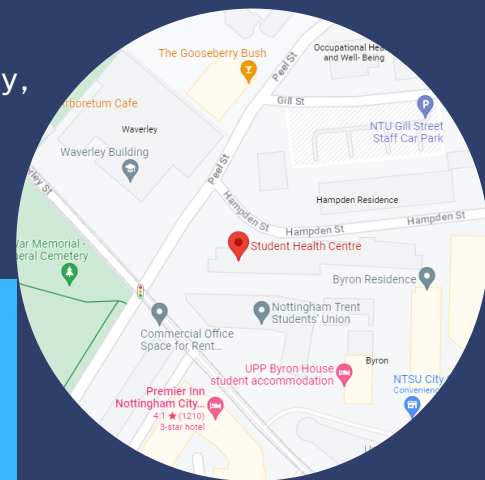
(On Thursdays from 4pm – 6.30pm
phone lines are open and services
available at the Radford site.)

FRIDAY 8.00am - 6:30pm

SATURDAY Closed SUNDAY Closed

www.radfordmedicalpractice.co.uk

Find us on social media:
Radford Medical Practice and Student Health
Centre @ntustudenthealthcentre



SEXUAL HEALTH

It's important to protect yourself from sexually transmitted infections. NUH Integrated Sexual Health Service at Victoria Health Centre provides free condoms, advice, and sexual health screening. You can contact them on: 0115 9627627.

We offer free drop-in a-symptomatic Chlamydia/Gonorrhoea testing at the surgery. We also offer full sexual health screening by appointment. Healthy NTU also run a free condom scheme.

Free postal self-testing kits are available via:

www.sh.uk

www.sh24.org.uk



URGENT MEDICAL ISSUES

In an emergency call 999.
For urgent medical advice call 111 / [visit 111 online](#)
OR visit an urgent care centre / walk-in facility.

Nottingham NHS Urgent Care Centre
Seaton House
City Link
Nottingham
NG2 4LA

SELF CARE

There may be times that you may like to consider self care for some problems. Self care is the actions that individuals take for themselves, on behalf of and with others in order to develop, protect, maintain and improve their health, wellbeing or wellness. Please visit the self care section of our website for a fact sheet. This fact sheet helps you to know what's 'normal' and what you can expect to happen if you suffer from this condition. It also tells you when you should become concerned and seek advice from a health professional.



Download the NHS App to:

- Book and cancel appointments
- View your medical record
- Order your repeat prescriptions
- Check your symptoms
- Access your Covid-19 vaccine information
- Chose how the NHS uses your data.

SUPPORT SERVICES

As well as your physical health, we are also here to help you manage your mental health.

You can find leaflets with an abundance of mental health services which you can self-refer to here:
<https://www.radfordmedicalpractice.co.uk/services/leaflets>

Before starting university, you should make sure you've already had the MenACWY vaccine which protects against serious infections like meningitis. You can ask a GP for this vaccine up until your 25th birthday, if you missed having it at school or before coming to the UK to study.

**Meningitis
now**