

**Come and join us at our Face to Face
or *Virtual* Carer Support Groups
in April 2023**

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 Nottinghamshire
Carers Hub

Date	Details
Tues 4 th April 1.30pm-3.30pm	Face to face: Rushcliffe Carer Support Group with Ollie Venue: Church of the Holy Rood, Village St, Edwalton, NG12 4AB Guest Speaker: Dementia Connect Service
Wed 5 th April 10.00am – 12.00pm	Face to face: Broxtowe Carer Support Group with Ollie Venue: Chilwell Community Centre, Inham Road, Inham Nook, Chilwell, NG9 4HX Guest speaker: Scam Prevention
Tues 11 th April 10.30am – 12.30pm	Face to face: Gedling Carer Support Group with Sally Venue: Gedling Road Methodist Church, Gedling Road, Carlton, NG4 3EX
Wed 12 th April 10.00am – 11.30am	Face to face: Worksop Carer Support Group with Lauren Venue: The Crossing Church, Newcastle Street, Worksop, S80 2AT
Thurs 13 th April 10.00am – 12.00pm	Face to face: Newark & Sherwood Carer Support Group with Dee Venue: Newark Beacon Centre, Gresham Suite, Cafferata Way, Newark NG24 2TN
Fri 14 th April 10.00am – 12.00pm	Face to face: Mansfield Carer Support Group with Bethany Venue: Friends Meeting House, Rosemary Street, Mansfield, NG18 1RB Note: Due to Bank Holiday – the regular date has changed this month
Mon 17 th April 1.00pm – 3.00pm	Face to face: Bulwell Carer Support Group with Becca Venue: Ravensworth Road Methodist Church, Bulwell NG6 8FN Guest speaker: CHS Healthcare Note: Due to Bank Holiday – the regular date has changed this month
Mon 17 th April 1.00pm – 3.00pm	Face to face: Ashfield Carer Support Group with Bethany Venue: Health & Wellbeing Centre, Portland Rd, Kirkby in Ashfield NG17 7AE Note: Due to Bank Holiday – the regular date has changed this month
Tues 18 th April 7pm-8pm	<u>VIRTUAL</u>: Working Carer Support Group with Christina <i>Via Zoom, book on to receive the link</i>
Thurs 20 th April 1.30pm – 2.30pm	<u>VIRTUAL</u>: Carer's Café via Zoom with Debbie <i>Via Zoom, book on to receive the link</i>
Mon 24 th April 11.00am – 1.00pm	Face to face: Hyson Green Carer Support Group with Noreen Venue: Mary Potter Health Centre, Gregory Boulevard, Hyson Green NG7 5HY Guest Speaker – Bina Menz – Estate Planning
Wed 26 th April 10.30am – 12.00pm	Face to face: Retford Carer Support Group with Lauren Venue: The Well, Hospital Road, Retford DN22 7BD
Wed 26 th April 10.00am – 12.00pm	Face to face: Carer Drop In with Imaan Venue: Wollaton Park Medical Centre, Harrow Road, Wollaton NG8 1FG
Thurs 27 th April 7.00pm – 8.00pm	<u>VIRTUAL</u>: Parent Carer Support Group with Dee and volunteer Helene <i>Via Zoom, book on to receive the link</i>
Fri 28 th April 12.00pm – 2.00pm	Face to face: Clifton Carer Support Group with Christina Venue: Clifton Community Centre, Southchurch Drive, Clifton NG11 8AR

Virtual support groups delivered via Zoom, book to receive the link.

To book onto a support group please contact:

Email: nottinghamshirehub@tuvia.org / Tel: 0115 8248 824

